

The Institution adopts a number of good practices among which the two best practices which has been its integral part include:

PRACTICE - 1

1. Title of the Practice

Women Empowerment

2. Objectives of the Practice

Women students undergo various problems related to personal stress, academic, physical and mental health etc. Women constitute more than 90% of the total student strength of the college. The majority of them come from mediocre to lower families and also from rural areas, where they are affected by the backward thinking and discrimination.

3. The context

The college has resolved to take up the cause of Women Empowerment for the women students with the objectives of -

- Open discussion on women specific issues with girls students
- Mentoring women students with one women teacher as mentor for every 20 women mentees.
- Organizing debates and discussions on gender equality to enable the students to realize gender sensitization.
- Creating an environment through awareness programs to enable the students to realize their full potential for learning and solving their problems independently
- Arranging special sessions with the experts for enabling the female students to be aware of several types issues related to our society.
- Redressal cell is active to solve the issues.
- Organizing the exclusive health camps for women students.
- Inviting female social activists and Government officials to enlighten the students on human rights and fundamental freedom for equal rights and opportunities.

4. The practice

Women's empowerment is vital to sustainable development and realization of human rights for all. India still has a long way to go before achieving gender equity and empowerment of women.

The college girls account for 80% of the total strength and most of them come from rural areas. The majority of these girls belong to the families who are not access to education and health. Though B. Ed. is a professional course, even than girls coming from different areas suffer from ill-health and superstition.30% of the total girls in the college are married and have several type of problems.

So the college is committed to empower female students so that they can face the different situations of life boldly and with dignity.

To achieve the aim, there is a Women Empowerment Cell in the college with a senior woman teacher as its Coordinator and three other women teachers as its members. All female students are motivated to discuss their issues and share their views with these teachers as and when required. The Coordinator and the members of the cell regularly connected to the female students to diagnose their problems. At the time of free class committee members join the class with the purpose to develop the awareness and sensitize them about related issues. College also draw an annual action plan for organizing various awareness and personality development programmes and interactive sessions. The Principal along with the Coordinator monitors the implementation of the plan.

5.Evidence of Success

- Female students are increasingly taking interest in extra co-curricular practice.
- They are more talkative about their problems.
- They are regularly attending awareness classes .
- More girl students are now learn driving
- More confident to use of ICT in their classes and day to day life.
- Improvement in overall personality.

6. Problems Encountered and Resources Required

College observed limited time period for this practice in 2020-21 because of COVID- 19 and lock down.

PRACTICE - 2

1. Title of the Practice:

Promotion of ethics and values among students.

2.Objectives of the Practice:

Ethics and values has an important place in all areas of life. In today's world, where majority of the people are pursuing only self-interests relentlessly' it feels like moral values are almost disappearing in today's generation. The institution recognizes the need to inculcate social values and ethics like promotion of truth, selflessness, righteousness, be fair, ,respect others dignity etc. The cultural committee of our college is working with this goal.

3.context:

The college faculty and specially cultural committee inculcates among the students.

2. Strive to tell the truth.
3. to develop a positive attitude
4. To be fair.
5. Always be ready to help others.
6. Do no harm.
7. Keep your promises.
8. Respect your colleagues, your friends , and especially your opponents.
9. Sustain the community.
10. Guard your treasure.
11. Never be satisfied, keep improving

4. The practice:

The college has practice the following activities.

- a)A Inculcate moral values in day to day classes.
- b) Holding of Counselling sessions by redressal cell.
- c) Group discussion on teachers' professional ethics
- d) Yoga practice for mental peace
- e) The mentors encourage the students to participate in co-curricular and extracurricular activities and sports with positive attitude and good sprit.

5. Evidence of Success

Evidence of success of the practice includes improvement shown in students' moral behavior, professional ethics at the time of online internship program, better attitude at the time of project presentation, improved attendance, increased participation in co-curricular and extra-curricular activities, better discipline on campus and respectful relationship between teachers and students.

6. Problems Encountered and Resources Required

College observed limited time period for this practice in 2020-21 because of COVID-19 and lock down.